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# LOWER WHARFE CANOE CLUB 2017 PROGRAMME



[www.lowerwharfe.org.uk](http://www.lowerwharfe.org.uk)

Facebook: [Lower Wharfe Canoe Club](#)

## IMPORTANT

Members are reminded that they represent the Club and are expected to conduct themselves appropriately at all times.

The events must be covered by a suitably qualified instructor or leader authorised by the LWCC committee. When participating in any activity you are expected to comply with instructions of the organising instructors. Members must tell the organising instructor of any relevant medical condition.

The event organiser or instructor reserves the right to refuse entry to a club paddle to anyone who has inappropriate equipment or behaviour or, in the case of unsuitable river conditions, cancel the trip.

Additional paddles may be arranged from time to time; however to meet the club's requirements, these must be notified to both the Chairperson and the Club Secretary and agreement given before the paddle may go ahead. Where reasonably practical, the paddle should be advertised to club members.

When a paddle is arranged outside of these terms, the organiser should advise the attendees or their parents/guardians that they paddle at their own risk.

### **Lower Wharfe Canoe Club 2017 Programme**

This programme outlines proposed events for the coming year; please note these may be varied and/or additional events organised.

Further details on each event will be published nearer the date by email, the website and at the pool or river club nights. If you want more information or if there are other events you would to see organised, please contact the event organiser or a committee member.

Please do not let the lack of equipment or experiences deter you from attending an event. Club equipment is available (see later for details) and the club's coaches will always assist novices. Please contact the event organiser to check if an event is appropriate for you.

*Martin Sharp*  
Chairman

Date	Activity	Organiser
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January		
Friday 6 <sup>th</sup>	Polo Training at Tadcaster pool 8-9pm £5	Heather Lindsay. Facebook Wharfe Ducks
Sun 8 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members Door volunteers training 6.30 - 8pm  Coaching meeting 8-9pm	Coach tba  Sarah Sharp & Chris Porter, Martin Sharp & Dennis
Tues 10 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall **FREE**	Slalom Team - Phil Stephenson
Thurs 12 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Friday 13 <sup>th</sup>	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sun 15 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm & session for under 8's. book on website.... £4 members/ £5 non members	Dennis Fothergill
Tue 17 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall **FREE**	Slalom Team - Phil Stephenson
Thurs 19 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 20 <sup>th</sup>	Polo Training at Tadcaster pool 8-9pm £5	<i>Heather Lindsay, details on facebook page Wharfe Ducks</i>
Sun 22 <sup>nd</sup>	Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba
Tues 24 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall **FREE**	Slalom Team - Phil Stephenson
Thurs 26 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 27 <sup>th</sup>	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sun 29 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
Tues 31 <sup>st</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall **FREE**	Slalom Team - Phil Stephenson

February		
Thurs 2 <sup>nd</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 3 <sup>rd</sup>	Polo Training at Tadcaster pool 8-9pm £5	Heather Lindsay, Facebook Wharfe Ducks
Sun 5 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
Tues 7 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 9 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Friday 10 <sup>th</sup>	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sun 12 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website...£4 members/ £5 non members & Under 8's session Touring Rescue Training Session	Dennis Fothergill  Ann Mitchell
Tues 14 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 16 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 17 <sup>th</sup>	Polo Training at Tadcaster pool 8-9pm £5	Heather Lindsay, facebook Wharfe Ducks
Sat 18 <sup>th</sup>	<i>Pool Competition. Division 2 Yorkshire Regionals. Yearsley pool, York</i>	Heather Lindsay, facebook Wharfe Ducks
Sun 19 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website...£4 members/ £5 non members	Coach tba.
Tues 21 <sup>st</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 23 <sup>rd</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 24 <sup>th</sup>	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sat 25 <sup>th</sup>	Club social - Doncaster Dogs	Andy Renwick
Sun 26 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website ...£4 members/ £5 non members	Coach tba.
Tue 28 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson

<b>March</b>		
Thurs 2nd	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 3 <sup>rd</sup>	Polo Training at Tadcaster pool 8-9pm £5	Heather Lindsay, facebook Wharfe Ducks
Weekend 3-5th	Touring Weekend	Roy Clayford
Sunday 5 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website ...£4 members/ £5 non members	tbc
Tues 7 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 9 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 10th	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sat 11th	Whitewater Trip - Slenningford Mill	Jonny Grayson
Sun 12th	Pool Night at Tadcaster Pool 6.30 - 8.30pm & Under 8's session book on website.... £4 members/ £5 non members	Dennis Fothergill
Tue 14th	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 16 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 17th	Polo Training at Tadcaster pool 8-9pm £5	Heather Lindsay, facebook Wharfe Ducks
Sun 19th	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
Tues 21st	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 23rd	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 24th	Slalom Training at Tadcaster pool 8-9pm £5	Slalom Team - Martin Brown
Sat 25th	<i>Pool Competition. Division 2 Yorkshire Regionals. Yearsley pool, York</i>	Heather Lindsay, facebook Wharfe Ducks

Sun 26th	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
Tues 28th	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 30 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Fri 31 <sup>st</sup>	Scouts	Ann/Dennis

April		
Sat 1 <sup>st</sup>	Sea Kayaking Day trip	Lynne - see Webcollect
Sun 2 <sup>nd</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website. £4 members/ £5 non members Slalom Night 6:30pm & 7:10pm (half pool)	Martin Brown Martin Sharp Martin Sanderson
Tues 4th	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 6th	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 9 <sup>th</sup>	Pool Night & under 8's session at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members Touring Rescue Training Session	Dennis Fothergill  Ann Mitchell
Tues 11 <sup>th</sup>	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
14-17 <sup>th</sup>	<b>**Easter**</b>	
Thurs 20th	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe for prompt start@6:40pm.	Pat Igoe
Thurs 20 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 23rd	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members.	Coach tba.

Thurs 27 <sup>th</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe for prompt start@6:40pm.	Pat Igoe
Thurs 27 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 29th	Tadcaster Duck Race	Jonny Grayson - see Webcollect
Sun 30th	River Ouse Day Paddle	Roy Clayford - see Webcollect
Sun 30 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
<b>May</b>		
Thurs 4th	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe for prompt start@6:40pm.	Pat Igoe
Sun 7 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Coach tba.
Thurs 11th	<b>Memorial Paddle Bishopthorpe to Millennium Bridge, York.</b> 6.30pm. Meet at Ferry Lane, Bishopthorpe. For those who can paddle 8km/5 miles.	Dennis Fothergill
Thurs 11th	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 14th	Last Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website & under 8's session £4 members/ £5 non members	Dennis Fothergill
Thursday 18th	Club night on the river at Bishopthorpe with coaching, 6.30pm. Meet at Ferry Lane, Bishopthorpe	Tbc
Thurs 18th	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thu 26th	Adult only trip Bishopthorpe to Millenium Bridge. For those who can	Pat Igoe

	paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	
Thurs 26th	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Weekend 26 <sup>th</sup> - 30th	<b>Touring Long Weekend: Tenby - FULL</b>	Roy Clayford

June		
Thu 1st	Club night on the river at Bishopthorpe. With coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	tbc
Thurs 1st	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 4th	<b>Allerthorpe Triathlon - Help required</b>	Dennis Fothergill
Thu 8th	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe
Thurs 8th	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 11th	<b>Ripon to Boroughbridge paddle - Cancelled</b>	Martin Sanderson / Ann Mitchell
Thurs 15 <sup>th</sup>	Club night on the river at Bishopthorpe with coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	tbc
Thurs 15 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thurs 22nd	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thu 22nd	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe
Thu 29th	Club night on the river at Bishopthorpe with coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Tbc



Thurs 29 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
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## July

Thu 6 <sup>th</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe
Thurs 6 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 8 <sup>th</sup> Sun 9 <sup>th</sup>	<b>Howsham Weir Club Slalom</b> Div 2/3/4, help needed, especially in the catering tent.	Chris Kevane Martin Brown
Thu 13 <sup>th</sup>	Club night on the river at Bishopthorpe with coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	tbc
Thurs 13 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 15 <sup>th</sup>	Whitby Day Paddle	Dennis Fothergill
Thurs 20 <sup>th</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles & Touring Rescue practice session. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe  Ann Mitchell
Thurs 20 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Weekend 22 <sup>nd</sup> & 23 <sup>rd</sup>	Touring Weekend - Berwick	Mike - see webcollect
Thu 27 <sup>th</sup>	Club night on the river at Bishopthorpe with coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Tbc
Thurs 27 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

## August

Thu 3 <sup>rd</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can	Pat Igoe
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	paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	
Thurs 3 <sup>rd</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 6 <sup>th</sup>	<b>Allerthorpe Triathlon</b> - help needed.	Dennis Fothergill
Thu 10 <sup>th</sup>	Club night on the river at Bishopthorpe with coaching. 6.30pm. Meet at Ferry Lane, Bishopthorpe	tbc
Thurs 10 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thu 17 <sup>th</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe
Thurs 17 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Weekend 19 <sup>th</sup> and 20 <sup>th</sup>	Club Camping weekend at Bishopthorpe Campsite - canoeing fun & games for all the family	Contact Sarah Sharp or Jonny Grayson <a href="mailto:info@lowerwharfe.org.uk">info@lowerwharfe.org.uk</a>
Thu 24 <sup>th</sup>	<b>Social: Last Coaching Club night on the River at Bishopthorpe followed by a club BBQ.</b> 6.30pm. Meet at Ferry Lane, Bishopthorpe	tbc
Thurs 24 <sup>th</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thurs 31 <sup>st</sup>	Adult only trip Bishopthorpe to Millenium Bridge. For those who can paddle 8km/5 miles. 6.30pm. Meet at Ferry Lane, Bishopthorpe	Pat Igoe
Thurs 31 <sup>st</sup>	Slalom Training at Howsham Weir 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

September		
Thurs 7 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Thurs 14 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 16 <sup>th</sup>	Allerthorpe Triathlon - help needed.	Dennis Fothergill
Sun 17 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	tbc
Thurs 21 <sup>st</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 24 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	tbc
Thurs 28 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 30 <sup>th</sup>	Tadcaster Duck Race & 'Come & Try It' Event Help needed	tbc

October		
Sun 1 <sup>st</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	Coach tba.
Thurs 5 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 8 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	Coach tba.
Thurs 12 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Weekend 14 <sup>th</sup> & 15 <sup>th</sup>	<b>Touring weekend - Llangollen</b>	Brenda Pooleman - see Webcollect
Sun 15 <sup>th</sup>	Pool Night at Tadcaster Pool & under 8's 6.30 - 8.30pm book on website.... £4 members/ £5 non members.	Dennis Fothergill
Thurs 19 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

Sun 22nd	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	Coach tba.
Thurs 26 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 29th	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	Coach tba.
<b>November</b>		
Thurs 2 <sup>nd</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 5th	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website.... £4 members/ £5 non members	tbc
Tues 7 <sup>th</sup> TBC	Circuit Training. Askham Bryan College 7-8pm, Sports Hall <b>**FREE**</b>	Slalom Team - Phil Stephenson
Thurs 9th	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Weekend 10 <sup>th</sup> - 12th	<b>Touring weekend: Coniston</b>	Roy Clayford
Sun 12 <sup>th</sup>	Pool Night at Tadcaster Pool & under 8's 6.30 - 8.30pm book on website....	<b>Dennis Fothergill</b>
Tues 14 <sup>th</sup> TBC	Circuit Training. Askham Bryan College, York.	Slalom Team - Phil Stephenson
Thurs 15 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sun 19 <sup>th</sup>	Pool Night at Tadcaster Pool & under 8's 6.30 - 8.30pm book on website....	<b>Dennis Fothergill</b>
Mon 20th	<b>AGM - Bishopthorpe Social Club 6:30pm Bring &amp; Share supper.</b>	Martin Sharp
Tues 21 <sup>st</sup>	Circuit Training. Askham Bryan College, York. TBC <b>Planning Meeting for 2018 all ideas welcome - venue tbc</b>	Slalom Team - Phil Stephenson  Martin Sharp
Thurs 23rd	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

Sun 26 <sup>th</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	Coach tba.
Tues 28 <sup>th</sup>	Circuit Training. Askham Bryan College.	Slalom Team - Phil Stephenson
Thurs 30 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

December		
Sun 3 <sup>rd</sup>	Pool Night at Tadcaster Pool 6.30 - 8.30pm book on website....	tbc
Tues 5 <sup>th</sup>	Circuit Training. Askham Bryan College.	Slalom Team - Phil Stephenson
Thurs 7 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Sat 9 <sup>th</sup>	<b>Christmas Candle light paddle</b>	tbc
Sun 10 <sup>th</sup>	Pool Night at Tadcaster Pool & under 8's session 6.30 - 8.30pm book on website.... £4 members/ £5 non members	Dennis Fothergill
Tues 12 <sup>th</sup>	Circuit Training. Askham Bryan College.	Slalom Team - Phil Stephenson
Thurs 14 <sup>th</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>
Tues 19 <sup>th</sup>	<b>Circuit Training. Askham Bryan College.</b>	<b>Slalom Team - Phil Stephenson</b>
Thurs 21 <sup>st</sup>	Slalom Training at the blue bridge, River Foss, York 6.30pm	Email Martin Brown to check it is on <a href="mailto:slalom@lowerwharfe.org.uk">slalom@lowerwharfe.org.uk</a>

### Pool Nights

Pool sessions will take place on the Sundays indicated on the planner above at Tadcaster pool between 6:30 and 8:30 pm. Sessions should be booked in advance by using WebCollect. <https://webcollect.org.uk/LWCC>.

Please note that owner's boats will not be allowed in general pool sessions only in selected advertised sessions where boats are cleaned before and inspected by a pool officer.

### River Sessions

Club sessions on the river will take place on the Thursdays indicated on the planner from 18:30 to 21:00 commencing after Easter and continuing through until the end of August. The venue will be Ferry Lane Bishopthorpe.

## Slalom Training & Practice

Slalom training takes place on Thursday night. During the winter the group trains at 6:30 pm at the Blue Bridge on the River Foss in York. When the lighter nights arrive, the training sessions move to Howsham Weir. Please contact **Martin Brown** [slalom@lowerwharfe.org.uk](mailto:slalom@lowerwharfe.org.uk) to check training is on. The full national slalom competition calendar is available on <http://www.canoeslalom.co.uk/>

## Canoe Polo

We have a canoe polo team that paddle in the regional league. If you are interested in playing or would like to come along and support us contact Heather Lindsay, details on facebook page Wharfe Ducks [Wharfe.ducks@Gmail.com](mailto:Wharfe.ducks@Gmail.com)

## Canoe Equipment

The club owns a small fleet of kayaks and canoes together with ancillary equipment. This equipment is available for use during club paddles but **MUST** be booked the week before the event - bookings are taken at the pool reception on a Sunday pool night or at Thursday club night.

Equipment Fees (canoe, paddle, spray deck)		
	Members	Non-members
<b>Kayaks and slalom boats</b>		
Evening	£3.00	£6.00
All day	£7.00	£14.00
Weekend	£10.00	£20.00
<b>Open canoe &amp; sea/touring kayaks (per person)</b>		
Evening	£3.00	£6.00
All day	£10.00	£20.00
Weekend	£15.00	£30.00

There is discount available for families. Second boat 25% off, third and further boats 50% discount off listed price.

For all payments please use WebCollect: <https://webcollect.org.uk/LWCC>

## BCU Awards and Canoe Safety Test.

Our team of club coaches can offer training & testing for the BCU Star awards and Paddlepower up to 3 star. We can also support 4 star development and arrange assessment. We can also deliver Foundation Safety and Rescue Training and the Canoe Safety Test. If you are interested in training or testing please contact a senior committee member.

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### **Coach Development**

The club supports the development and expansion of the coaching team. Financial support can be provided for club members attending coaching or leadership courses. Talk to Dennis Fothergill for more details.