

LOWER WHARFE CANOE CLUB

2025 PROGRAMME

ISSUED DEC 2024



OUR REGULAR TRIPS:

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| Tadcaster Pool – sessions for ALL Abilities | 5:30-7pm | Weekly - Last session 11 th May. Restart 7 th September | Book on Webcollect |
| Bishopthorpe River sessions with Coaching for ALL abilities | 6:30-8:15pm | Thursdays: 15 th , 29 th May, 12 th , 26 th June, 10 th , 24 th July, 7 th , 21 st August. 26 th June Litter Pick. Try new boats etc. from Robin Hood Watersports - TBC | Book on Webcollect |
| Bishopthorpe to Millenium Bridge paddle for experienced independent paddlers | 6:30–8:15pm 6pm early & late season. | Weekly 24 th April – 4 th September on Thursdays | Book on Webcollect |
| River Trips for Discover & Explore assessments | | May - October | Book on Webcollect |
| Flat Water Slalom Training | 7-8 | October - April | Contact slalom@lowerwharfe.org.uk or Mike Laing. |

ADDITIONAL TRIPS AND OTHER DATES:

| | January | |
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| Sat 4th | New Year Paddle – Selby Canal followed by Lunch at Wheatsheaf Inn, Burn. Suitable for all those who have paddled on the river with us before. | Simon Lowe |
| Sun 5th | Re-start Pool after Christmas break | |

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| | February | |
| Sat 22nd | Paddle venue tbc depending on weather. Suitable for all those who have paddled on the river with us before. | Simon Lowe |
| Sun 16th | Half Term no Pool sessions | |
| | March | |
| Sat 29 th | Paddle venue tbc depending on weather. Suitable for all those who have paddled on the river with us before. | Ann Mitchell |
| | APRIL | |
| Sun 13 th & Sun 20 th | Easter Break no pool sessions. | |
| Sat 19 th | Easter Saturday Morning Brunch Paddle from Bishopthorpe | Ann Mitchell |
| TBC (Not Easter) | White Water trip for those who have done introduction to White Water | Jonny Grayson |
| Thu 24th | Re-start Millenium Bridge Paddles for experienced paddlers | Club Night – experienced paddlers. |
| | May | |
| Thu 1st | Getting ready for river sessions for ALL helpers & any new people interested in helping on or off the river | Jim Philpott TBC |
| Thu 8 th | Memorial Paddle to Millenium Bridge to celebrate the lives of those members no longer with us. | Ann Mitchell TBC |
| TBC (10/11 th or 24/25 th) | White Water trip for those who have done introduction to White Water | Jonny Grayson |
| Fri/Sat/Sun 16/17/18 | Weekend paddle. Canal & Bala Lake. All Levels welcome. Camping or static caravan accommodation. | Stuart Barker, Mike Minihan |
| Thu 22nd | Big Paddle Clean Up – Litter Pick – ALL Welcome | Club Night |
| | June | |
| Sat 7 th TBC | Ellerton Club Rescue Day | Stuart Barker, Paul Grayson |

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| Thu 5th or 19 th TBC | Try out new boats and kit – Robin Hood Watersports – ALL Welcome | Club Night |
| Fri/Sat/Sun 20/21/22 | Swallows and Amazons Weekend. Coniston Water Club paddle for all abilities and Families. All Levels welcome. Camping or static caravan on site or village accommodation. | Fran & Dee Shaw, Mike Minihan |
| Thu 26th | Big Paddle Clean Up – Litter Pick – ALL Welcome | Club Night |
| Thu 26th | Mid Summer Social after Coaching | Mike Wall |
| ??Sun TBC?? | Introduction to White Water at Howsham. Possible flat water paddle for all abilities TBC | Jonny Grayson |
| | July | |
| Sat 19th | Touring Paddle on River Ure. Suitable for all those who have paddled on the river with us before. | Stuart Barker & Paul Grayson |
| ??Sun TBC | White Water Safety & Rescue | Jonny Grayson |
| | August | |
| TBC | Saturday Morning Brunch Paddle from Bishopthorpe with Awards | Ann Mitchell |
| 20-26th | Scotland Multi Day Long Distance Touring trip. Experienced paddlers only. | Simon Lowe |
| Thu 21st | End of Season for Coaching Sessions | Club Night |
| Sun 31st | Pool Training for anyone interested in helping on the door or poolside for new season | Jim Philpott |
| | September | |
| Thu 4th | Last Millenium Bridge Paddle for experienced paddlers | Club Night – experienced paddlers. |
| 4-7th | River Wye weekend Camping journey – ALL abilities | Simon Lowe |
| Sun 7 th | Re-start Pool Sessions at Tadcaster | Club Night |
| Sat TBC | Tadcaster Pool Duck Race on the Wharfe in Tadcaster. Collecting ducks all help welcome. Possible come & try it session | TBC |
| | October | |
| Sun TBC | Intro to white water – Collingham | Jonny Grayson |
| Sat TBC | Paddle for all abilities | TBC |

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| Sun TBC | Trust for Conservation Volunteers weed clearing TBC | TBC |
| Sun 26 th (?Sun 2 nd) TBC | Half Term no pool sessions. | |
| | November | |
| Sun TBC | Intro to white water | Jonny Grayson |
| Sat TBC | Paddle for intermediates & above. | TBC |
| Sun TBC | Trust for Conservation Volunteers weed clearing TBC | TBC |
| Sun TBC | AGM – Tadcaster Pool 7:15pm | All |
| | December | |
| TBC | Planning Meeting – TBC 7:30pm | All |
| TBC | Christmas Social | Michael Wall |
| Sun 21 st /28 th | Christmas no pool sessions. | |
| | January 2026 | |
| TBC | New year paddle & pub lunch for all abilities | TBC |
| Sun 4 th | New Year Pool re-start | TBC |

We will arrange further trips during the spring, summer & Autumn, these will be notified by email & added to Webcollect for booking. If you would like to get involved with helping to organise trips then please let one of the coaches or helpers know or contact@lowerwharfe.org.uk . There are various ways to help even if you are not a qualified leader such as booking venues, transporting boats etc....

Also see our facebook page for photos from our trips & other news:

<https://www.facebook.com/lowerwharfe>